

RYZE GLASGOW LIMITED (CRN 468262)

RISK ACKNOWLEDGEMENT FORM

BEFORE SIGNING THIS DOCUMENT, YOU SHOULD CAREFULLY READ THE TERMS AND CONDITIONS SET OUT BELOW.

THIS IS AN EXTREME ACTIVITY AND, ALTHOUGH FUN, PARTICIPATION INVOLVES A RISK OF INJURY

In consideration of being allowed to participate in the services and activities, including, but not limited to, trampoline park access, trampoline dodge ball, trampoline basketball, aerial training, fitness classes, trampoline courts, foam pit activities and snack bar access and any other amusement activities (collectively "ACTIVITIES"), provided by RYZE GLASGOW LIMITED and all other persons and entities acting in any capacity on its behalf (collectively "RYZE"), I agree as follows:

- (i) I am 16+ years old and wish to participate in the ACTIVITIES.
- (ii) I acknowledge that participation in the ACTIVITIES may be physically demanding and that there are risks of injury including serious bodily injury, permanent disability, paralysis and loss of life.
- (iii) I acknowledge that such risks cannot be eliminated entirely without jeopardising the essential qualities of the ACTIVITIES.
- (iv) I expressly agree to accept and assume all of the risks existing in the ACTIVITIES.
- (v) To reduce the risks, I agree to follow the rules established for participation in the ACTIVITIES, including the rules posted in the facility and on the website, and all instructions given to me by RYZE before and during the ACTIVITIES.
- (vi) I am the parent/legal guardian of the children listed below who are under the age of 16. I wish those children to participate in the ACTIVITIES.
- (vii) If I am not their parent/legal guardian, I can confirm that I am aged 21 years or above and declare that I have the authority from their parent/guardian to sign this risk acknowledgment form.
- (viii) I agree that I am responsible for the children in my care and undertake to ensure that they read, understand and follow the rules established for participation in the ACTIVITIES and the oral instructions mentioned above.
- (ix) I agree to wear grip socks, failing which have bare feet, while participating in the ACTIVITIES and will ensure that the children in my care wear grip socks, failing which have bare feet, while participating in the ACTIVITIES.
- (x) I certify that I and any children in my care are in good health and in proper physical condition to participate in the ACTIVITIES;
- (xi) I certify that I have no pre-existing medical conditions which, could through participation in the Activities, result in injury to myself or damage to my health.
- (xii) I acknowledge that the maximum weight permitted for participation in the ACTIVITIES is 21 stone and confirm that I/the children in my care do not exceed this weight.
- (xiii) I confirm that I am not under the influence of alcohol or any illicit or prescription drugs which would in any way impair my ability to safely participate in the ACTIVITIES;
- (xiv) I accept sole responsibility for my own conduct and actions, as well as the conduct and actions of the children in my care participating in the ACTIVITIES.
- (xv) Limitation of liability: except for death or personal injury caused by RYZE's negligence, RYZE's liability to compensate you for any loss or damage to property or personal effects arising from participation in the ACTIVITIES will be limited to a reasonable amount having regard to such factors as whether the loss or damage was due to RYZE's negligence.
- (xvi) I understand that the ACTIVITIES provided are not segregated for use solely by children. I understand that the ACTIVITIES are used by multiple age groups including adults at the same time as children and are not restricted to any one age group. I acknowledge that it is my responsibility to assess the suitability of the ACTIVITIES & the multiple age group use for younger children in my care. I am aware that certain activities are age and or ability restricted and I will ensure that the children in my care is/are advised accordingly.
- (xvii) I understand that RYZE may take photographs and/or video footage ("IMAGES") which may feature me and/or the children in my care taking part in the ACTIVITIES. In addition to payment of the requisite fee to participate in the ACTIVITIES and in consideration of RYZE granting me permission to take part in the ACTIVITIES, I grant to RYZE the permission to use the IMAGES in all and any media, including in RYZE's printed publications, presentations, promotional materials, in the advertising of RYZE's goods and services or on RYZE's website or social media posts.

PERFORMANCE, PROFESSIONAL GRADE, OLYMPIC TRAMPOLINES RISK ACKNOWLEDGEMENT FORM

THIS IS AN IMPORTANT DOCUMENT AND MUST BE READ & UNDERSTOOD BEFORE SIGNING

Before using any performance, professional grade, Olympic, Super, or any trampoline with a rebound effect in excess of that of a standard park trampoline at Ryze Glasgow all participants must complete the form below.

FOR THOSE AGED 16 YEARS AND OVER

I wish to participate in the use of **performance, professional grade, Olympic trampolines or any trampoline with a rebound effect in excess of that of a standard park trampoline** (collectively hereinafter called "Activity") at Ryze Glasgow Limited ("the Company"). I am aged 16 years old or older.

I agree that I will undertake the Activity in accordance with the safety rules made available to me prior to participation and the advice given in the pre-participation safety briefing to be undertaken prior to participation, together with any oral instructions or advice given to me prior to or during the session.

I acknowledge that I am responsible for my own safety while undertaking the Activity.

I certify that to the best of my knowledge that I am in good physical condition and I do not have any medical condition which might have the effect of making it more likely that I will be involved in an incident which could result in injury to myself or others.

I certify that I have no pre-existing medical conditions which, could through participation in the Activity, result in injury to myself or damage to my health.

I certify that to the best of my knowledge I am not pregnant.

I acknowledge that I do not exceed the maximum permitted weight for participation in the Activities which is 133 kg / 21 stone.

ON BEHALF OF THOSE UNDER 16 YEARS OLD

I am the parent/guardian of the child/ren listed who is/are under age (16) years of age. I consent to allow that/those child/ren to participate in the use of **performance, professional grade, olympic trampolines or any trampoline with a rebound effect in excess of that of a standard park trampoline** (collectively hereinafter called "Activity") at Ryze Glasgow Limited ("the Company").

I declare that if I am not the parent or guardian of the child/ren I have authority from the child/ren's parent or guardian to sign this risk acknowledgement form and I acknowledge the risk on their behalf.

I confirm that I am responsible for the child/ren in my care and undertake to ensure that he/she/they undertake the Activity in accordance with the safety rules made available prior to participation and the advice that I and he/she/they will be given in the pre-participation safety briefing to be undertaken prior to participation, together with any oral instructions or advice given to me and he/she/them prior to or during the session.

I acknowledge that I am responsible for the safety & supervision of the child/ren listed (and the safety of our possessions) and that Ryze Glasgow Limited do not provide supervision of children whilst using the premises or children attending unaccompanied or if left unaccompanied on the premises.

I certify that to the best of my knowledge the child/ren is/are in good physical condition and do not have any medical condition which might have the effect of making it more likely that he/she/they be involved in an incident which could result in injury to him/her/themselves or others (if in any doubt, please check with the child/ren's parent or guardian).

I certify that the child/ren have no pre-existing medical conditions which, could through participation in the Activity, result in injury to them or damage to their health. I certify that to the best of my knowledge the child/ren is/are not pregnant.

I acknowledge that the children do not exceed the maximum permitted weight for participation in the Activities of 133 kg / 21 stone.

I acknowledge that it is my responsibility to assess the suitability of the Activity for use by children in my care.

YOUR ACKNOWLEDGMENT

I understand that Ryze Glasgow Limited do not assess the abilities of individual participants or the suitability of the Activity for use by individual participants. I further understand that all participants, parents and guardians must make their own assessment of whether the Activity is suitable for use by individual participants and individual participants ability to participate in the Activity prior to use.

I understand that the Activity is physically demanding and involves jumping and other strenuous actions sometimes involving height, speed, and unpredictable surfaces.

I understand that the Activity is a high-impact, full body activity which requires intense focus, awareness of my body's strengths and limitations, awareness of the environment around me, and extreme caution at all times.

I understand that the Activity is dangerous and there is a risk of personal injury when undertaking such Activity and participation can result in serious injury or death.

I understand that performance, professional grade, Olympic trampolines or any trampoline with a rebound effect in excess of that of a standard park trampoline are designed for controlled landings and uncontrolled falls or landings can cause personal injury.

I understand that performance, professional grade, Olympic trampolines have a greater rebound effect than that of a standard park trampoline and there is a greater degree of difficulty and risk.

I understand the increased risk in using the Activity and that I/he/she/they use the Activity entirely at my/their own risk.

I understand that participation in the Activity can result in personal injury including, but not limited to, friction burns, cuts, abrasions, bruising, muscle strains, twists, sprains, dislocation, broken bones and paralysis and accept that these injuries can occur through general use of the equipment and not always or necessarily as a result of defective equipment or negligence of the Company.

I understand and accept that the Activity requires a moderate level of fitness and can be physically demanding and requires physical effort and I/he/she/ they should not undertake the Activity unless I/he/she/they am(is/are) physically able to.

I understand that performance, professional grade, Olympic trampolines or any trampoline with a rebound effect in excess of that of a standard park trampoline can be identified by the BLACK CRIS CROSS BEDS WITH A RED CENTRAL CROSS.

I understand that I/he/she/they are responsible for my/his/her/their own actions and or involvement in using the Activity.

I understand that Ryze Glasgow Limited do not provide direct supervision of participants when using the Activity.

I understand that Ryze Glasgow Limited do not provide training or tuition to participants in the use of the Activity.

I understand that Ryze Glasgow Limited do not assess any participant's skill levels, abilities, competency or the suitability of the Activity for use by them.

I understand that use of the Activity requires an advanced athletic and jumping ability.

I am confident in my/his/her/their abilities, aware of and competent in my/his/her/their own skill set, capable or have previous experience and or training to use the Activity.

I/he/she/they will not attempt flips or other extreme moves unless I/he/she/they know I am/he/she/they are competent, capable and have previous experience and the appropriate training.

I/he/she/they will not attempt any maneuver beyond my/his/her/their own skill level.

In the unlikely event of an accident, I acknowledge that the Company will not be liable for any direct or indirect loss, damage or injury arising from or in connection with the Activity (except for death or personal injury caused by the Company's negligence) and I waive all and any claims against the Company in this respect.

I acknowledge that I (and the child/ren in my care if applicable) have been provided with safety rules and advice of the Company in relation to the Activity and that I have read and fully understand the above and accept the terms of participation freely and voluntarily without any inducement prior to signing/submitting this form.

I have ticked this box to confirm that myself and any children in my care will undertake a safety briefing prior to taking part in the ACTIVITIES and agree to follow the rules as instructed by Ryze.

Please Note: for any paper Risk Acknowledgement Form to be valid, it must be filled out in full with the above box ticked.

SECTION A: SIGNING ADULTS DETAILS	
<i>(lines marked with * must be completed for document to be valid)</i>	
* Full Name	
* Date of Birth	
* Date of Visit	
* Contact - Phone	
Contact - Email	
* Signature	

(Paper Risk Acknowledgment Forms are only valid for the date of visit)

SECTION B: CHILDREN UNDER 16 YEARS OF AGE IN THE CARE OF THE ABOVE NAMED ADULT				
	Full Name	Date of Birth	Emergency Contact Name	Emergency Contact Phone No.
Child #1				
Child #2				
Child #3				

Child #4				
Child #5				
Child #6				
Child #7				
Child #8				
Child #9				
Child #10				

We reserve the right to review your license and/or other forms of ID to verify identity and age.

Please tick here if you wish us to contact you with news, offers and promotions from RYZE and our associated companies.

Staff Use Only

Checked By:

Jump Time: am / pm